

*Addressing end-of-life issues
of patients and families from
physical, emotional and
spiritual perspectives.*

Many hospitals are recognizing that treating the whole person – physically, emotionally, and spiritually – is conducive to a higher degree of quality care. Healthcare professionals will learn about the needs of persons requiring palliative care, regardless of the setting; hospital, nursing facility, or home.



AGENDA

7 - 7:55 a.m. • **Registration**

7:55 - 8 a.m. • **Opening Remarks**
Julie Wavrek RN, BSN

8:00 - 8:30 a.m. • **Palliative Care in the
Outpatient Setting**

Donald Ratchford, MD

- Describe palliative care in outpatient settings for patients to experience a natural death supported by humane comfort measures, designed to relieve pain or discomfort.

8:30 - 9:15 a.m. • **Prognostication, DNRs,
and Hospice Care**

Josh Rosman, CRNP, ACHPN

- Describe prognostication for hospice patients with cancer/non-cancer conditions.

9:15 - 9:30 a.m. • **Break/Visit Exhibits**

9:30 - 10:30 a.m. • **Applying Ethical
Principles in Addressing Palliative Issues/
Dilemmas**

Tracy Beltowski, CRNP

- Identify ethical, regulatory, and legal concerns related to hospice and palliative care.

10:30 - 11 a.m. • **Palliative Care from an
ICU Perspective**

Jamie Eckenrod, MSN, ACMP-AG, RN, CCRN

- Recognize the barriers that face intensive care staff with discussing end of life care.

11 a.m. - 11:45 a.m. • **Lunch**

11:45 a.m. - 12:30 p.m. • **Understanding of
Opioids Used in Palliative Care**

Nancy Love, PharmD, BCPS

- Describe the goals of pain management in palliative care.

12:30 - 1 p.m. • **Communication with the
Palliative Patient**

Brian Miller, RN

- Apply sound communication principles with patients, and families.

1 - 1:50 p.m. • **Break/Visit Exhibits**

1:15 - 2 p.m. • **Self Care**

Sr. Carol Ziecina

- Describe self care techniques.

2 - 2:45 p.m. • **Geriatric Trauma and
Palliative Care**

Russell Dumire, MD

- Discuss effective strategies and challenges for the delivery and advocacy of hospice and palliative care in diverse settings.

2:45 - 3:30 pm. • **Q & A Panel**

3:30 p.m. • **Basket Give-Away/
Adjournment**

ONLINE REGISTRATION

www.conemaugh.org/learninginstitute

Registration deadline - October 25, 2018.

Payment must be sent at the time of registration

CHS employees - No Charge

Extenders (includes CHS Medical Staff) - \$70

Students - \$40 All others - \$60

Registration fee includes: Instruction, handout materials, professional credits, early morning refreshments and lunch. Walk-in registrations WILL NOT be accepted. Please make checks payable to "CMMC" or call Continuing Education at 814.534.1164 to pay by credit card.

CANCELLATION/REFUND POLICY

No refunds will be issued after October 15.

Refunds requested prior to this date will be assessed a \$25 processing fee. The Department of Continuing Education reserves the right to cancel this program due to lack of registrants.

CREDIT

ANCC Contact Hours

This activity is awarded six (6) contact hours. Conemaugh Health System is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

SW

This program is offered for six (6) hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, A Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social continuing education. These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT biennial license renewal. For information on social work continuing education call (412) 624-3711.

ACCESS

Conemaugh Health System encourages qualified persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Continuing Education.

DISCLOSURE

The Planning Committee for this educational activity, Julie Wavrek RN, BSN; Josh Rosman CRNP, ACHPN; Christina Pallo BSN, RN, CEN, and Diane Rininger have no significant financial interests or relationships with any manufacturers of commercial products or services to disclose. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Conemaugh Health System are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).



1086 Franklin Street
Johnstown, PA 15905-4398



Conemaugh Memorial Medical Center

Palliative Care Symposium

Thursday, November 1, 2018
Fresh Harvest Restaurant
Davidsville, PA

