

Domestic Violence Awareness Month

LUNCH 'N' LEARN

Join MSJC's Title IX Office for virtual lunchtime learning sessions at 12 pm PT throughout the month of October:

REGISTER AT [MSJC.EDU/TITLEIX/DVAM](https://msjc.edu/titleix/dvam)

**THU
10/5**

What is Domestic Violence?

Learn about what domestic violence is, relevant statistics, and what healthy, unhealthy, and abusive relationships look like.

**TUE
10/10**

Spot the Red Flags

Learn about the warning signs of domestic violence that may show up at the start of a relationship or may emerge over time.

**WED
10/11**

Beyond the Physical

Learn about the types of abuse and how a pattern of behaviors to gain and maintain power and control can manifest as domestic violence.

**WED
10/18**

Understanding Survivors

Learn about the cycle of violence and why those who experience domestic violence may choose to stay.

**TUES
10/24**

Plan for Safety

Learn about safety planning and considerations for domestic violence survivors who may choose to leave.

**MON
10/30**

Supporting Survivors

Learn about how to support someone who has experienced domestic violence and resources available to members of the MSJC community.

QUESTIONS?

Email titleix@msjc.edu