

End-of-Life Nursing Education Program

Wednesday, June 7, 2017 Thursday, June 8, 2017

7:45 a.m.–4:30 p.m.

8 a.m.–4 p.m.

Lehigh Valley Hospital–Cedar Crest, Kasych Family Pavilion
1200 S. Cedar Crest Blvd., Allentown, PA 18103

Event will take place at the Richard Fleming Educational Conference Center inside Medical Imaging of Lehigh Valley Conference Center rooms 6 and 7.

Target Audience

All RNs, advanced practice RNs, LPNs; portions also are structured for SW and chaplain education

ELNEC – End-of-Life Nursing Education Consortium is a collaborative curriculum created by the American Association of Colleges of Nursing in partnership with City of Hope. The content includes nine modules related to the specialty of end-of-life care:

1. Palliative Nursing Module
2. Cultural Considerations Module
3. Ethical Considerations Module
4. Pain Management Module
5. Symptom Management Module
6. Communication Module
7. Loss, Grief and Bereavement Module
8. Final Hours Module
9. Self-Care Module

The End-of-Life Nursing Education Consortium (ELNEC) Project is a national end-of-life educational program administered by City of Hope (COH) and the American Association of Colleges of Nursing (AACN) designed to enhance palliative care in nursing. The ELNEC Project was originally funded by a grant from the Robert Wood Johnson Foundation. Additional funding has been received from the Cambia, Millbank, Oncology Nursing, Open Society, Aetna, Archstone, California HealthCare Foundations, American Association of Colleges of Nursing, National Cancer Institute (NCI), US Cancer Pain Relief, and the Department of Veterans Affairs (VA). Materials are copyrighted by COH and AACN and are used with permission. Further information about the ELNEC Project can be found at aacn.nche.edu/ELNEC.

Conference Agenda

Wednesday, June 7, 2017

7–7:45 a.m.

Refreshments and check-in

7:45–8 a.m.

Overview, welcome, empathy video

8–9 a.m.

Module 1: Palliative Care

9–11 a.m.

Module 2: Pain Management

11–11:15 a.m.

Break

11:15 a.m.–

12:15 p.m.

Module 3: Symptom Management–Part 1

12:15–1 p.m.

Lunch

1–2 p.m.

Module 3: Symptom Management–Part 2

2–3 p.m.

Module 4: Ethical Considerations

3–4 p.m.

Module 5: **Cultural Considerations**

4–4:30 p.m.

Discussion and wrap-up

Thursday, June 8, 2017

7–8 a.m.

Refreshments

8–8:15 a.m.

General welcome, comments

8:15–9:15 a.m.

Module 6: Communication

9:15–10 a.m.

Advanced Care Planning

10–10:15 a.m.

Break

10:15–11:15 a.m.

Module 7: Loss, Grief and Bereavement

11:15 a.m.–noon

Special Populations: Veterans/PTSD

Noon–1 p.m.

Lunch

1–2 p.m.

Module 8: Self-Care

2–3 p.m.

Module 9: Final Hours

3–4 p.m.

Discussion, case scenarios and wrap-up

LVHN.org

Designation Statement

It is Lehigh Valley Health Network's policy to ensure balance, independence, objectivity, scientific rigor in all of our sponsored educational programs. Faculty and all others who have the ability to control the content of continuing education activities sponsored by Lehigh Valley Health Network are expected to disclose to the audience whether they do or do not have any real or apparent conflict(s) of interest or other relationships related to the content of their presentation(s).

Lehigh Valley Health Network (LVHN) is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Completion Criteria:

Registered nurses attending the entire program and completing the evaluation tool will receive 7.75 contact hours for day 1 and 6.75 contact hours for day 2.

Lehigh Valley Health Network has been designated a pre-approved sponsor provider of professional continuing education for social workers, marriage and family therapist and professional counselors by the State Board of Social Workers, Marriage and Family Therapist and Professional Counselors. License # 002613. This educational activity has been approved for 7 hours day 1, 4.5 hours day 2. This educational activity has been approved for 11.5 CEUs.

Registration Information

Registration deadline: June 4, 2017

Registration fee: \$250 **both days** for non-LVHN colleagues
\$125 **both days** for AllSpire colleagues
FREE **both days** for LVHN colleagues
\$150 **day 1 only** for non-LVHN colleagues
\$75 **day 1 only** for AllSpire colleagues
FREE **day 1 only** for LVHN colleagues
(Additional \$10 for on-site registration)

Registration for the conference includes the educational program and any food event listed in this flier.

Credit card or check payments are accepted.

Proof of AllSpire employment may be required. LVHN colleagues, please bring your LVHN badge the day of the event since we will be using the badge swipe to record your attendance.

To register

To complete electronic registration and payment, please go to: go.activecalendar.com/lvhn-doe and search for the event by title or date.

You will receive an email confirmation of your registration. Please keep this information since it contains your receipt (if applicable) and instructions in case you need to cancel.

On-site registration

On-site registrations may be available if space permits at an additional fee of \$10. Please be prepared for additional time to process your registration when you arrive. Payment can be made on-site by check or credit card only.

Cancellations and substitutions

Refunds will be granted up to one week prior to the conference. After one week prior to the conference, no refunds will be granted. Lehigh Valley Health Network reserves the right to substitute faculty listed in this brochure and will provide comparable alternative faculty.

Evaluation Email Policy

Lehigh Valley Health Network respects your right to privacy and will not sell, lease or provide your contact information to a third party. By registering for this event, you agree to be contacted after the event for a post-event evaluation survey.

For questions, please contact the LVHN Department of Education at **610-402-2277**, option 1.

Disclosures

Anyone in a position to control the content of this educational activity must disclose any relevant financial relationships to the audience. The planners and presenters at this event have nothing to disclose.

Directions

Lehigh Valley Hospital—Cedar Crest site is located at 1200 S. Cedar Crest Blvd., Allentown, PA 18103. Directions may be found on our website at LVHN.org. Click on "Facilities and Directions" and choose Cedar Crest.

Faculty

Diane Buchner, RN, MSN, CHPN

Buchner received a BAAS at University of Delaware in 1981 and worked in vaccines and biologics until she went back to college in 1993 to pursue a career in nursing. She graduated with a BSN from Cedar Crest College and an MSN from DeSales University in Center Valley, Pa. She has been a hospice nurse her entire career, holding positions in inpatient care, home care, case management, volunteer management, triage nursing, education and development, and hospital liaison coordination. She initiated numerous quality improvement projects and focus groups to improve nursing practice and create higher standards of care at end of life.

Erin Dailey, RN, BSN, OCN, CRNI, CHPN

Dailey is a graduate of University of Maine. She has been a nurse for 14 years and has experience in health care for 23 years. She worked on inpatient medical-surgical units, inpatient hospice units, outpatient infusion centers and cancer centers. What she has found through the years is that despite the setting, care and focus is always on supporting adult patients and their families living with chronic illnesses. Dailey is certified in oncology, infusion therapy, and hospice and palliative medicine.

Rhonda McMahon, LCSW, MSW

McMahon is a licensed clinical social worker with over 15 years of experience working with clients and families. She specializes in areas including life changes and transition, especially as they relate to end-of-life care, the dying process, and grief and loss. She has been a member of the hospice team for four years and has a passion for providing patients and families with patient-centered care that focuses on supporting and educating staff, patients and families. She graduated from Rutgers University and has experience working in clinics, hospitals and private practice.

Mary Lynn McPherson, PharmD, MA, MDE, BCPS, CPE

McPherson is Professor and Executive Director, Advanced Postgraduate Education in Palliative Care in the Department of Pharmacy Practice and Science at University of Maryland School of Pharmacy in Baltimore. She has a master's degree in instructional systems development and is completing a second master's degree in distance education. She has maintained a practice in both hospice (local and national) and ambulatory care her entire career. She teaches extensively in the Doctor of Pharmacy curriculum on pain management and end-of-life care, including didactic and experiential content. She is developing the first completely online Master of Science degree in palliative care in the U.S. She also developed one of the first and few palliative care pharmacy residencies in the U.S. and is president of the American Society of Pain Educators. She has won numerous awards for teaching and her innovative practice in end-of-life care.

Sarah Nicklin, MD, HMDC

Nicklin is current medical director of Lehigh Valley Hospice and a Palliative Medicine and Hospice Consulting Physician in Lehigh Valley Health Network. She is a 1989 graduate of Dartmouth Medical School and completed her

postgraduate training in family practice at University of Connecticut in 1992 and an obstetrics fellowship at Highland Hospital, University of Rochester in 1997. She served as a physician in both family and emergency medicine, and has specialized in hospice and palliative medicine since 2006. She is board-certified in family practice and hospice and palliative medicine and is hospice medical director certified. She is a professional member of the American Academy of Family Practice and the American Academy of Hospice and Palliative Medicine. She was honored with the LVHN Service Star Award in 2014.

Monica Ring-Striba, RN, CHPN

Ring-Striba has been serving as patient care coordinator of the Hospice Response Team at Lehigh Valley Health Network since August of 2015. She is responsible for the coordination of hospice patients in the critical care and medical-surgical units who are potentially too fragile to leave the hospital environment. She triages the Hospice Response Team and evaluates the best place of care for patients referred to the program. She started her hospice career in 2012 working as a case manager and quality specialist. Prior to her hospice career, she worked as an ICU staff and charge nurse for many years and held her certification in critical care nursing for 20 years. She served as an infection control nurse, quality nurse, post-anesthesia nurse and manager of a nurse triage telecommunication center throughout the course of her career. A graduate of St. Luke's School of Nursing in 1988, she is passionate about providing a positive end-of-life experience to the patient and his/her loved ones..

Catherine Serena, MSW, LCSW, ACHP-SW

Serena has worked in the field of health care for 30 years providing education on end-of-life issues in both academic and health care environments. Currently serving as a licensed clinical social worker within Lehigh Valley Health Network's division of palliative medicine, She is a member of the core fellowship faculty and is certified in hospice and palliative medicine as well as bereavement. She continues to co-facilitate one of the nation's first weekend children's bereavement camps, Camp Dragonfly, and is an adjunct instructor at Albright College in Reading, Pa., providing death education. She presents issues related to death and dying at the state and national level. Her philosophy is always to "start where the client is," and she makes every effort to optimize such relationships while supporting the medical team.

Jeanne Vogt, MSN, MBA, RN, CHPN, CHPCA

Vogt has been serving as a hospice clinical director for Lehigh Valley Hospice since September 2011. She is responsible for management of both the inpatient and home hospice program, and strives to promote a culture of clinical excellence in quality of care for patients and families of those who are terminally ill. She started her career in nursing in 1980 and obtained her MSN/MBA in 2006. She has held numerous jobs in the field of hospice and palliative nursing including triage nursing, case management, quality management, clinical and operational leadership, performance improvement, financial planning, and an adjunct faculty member at DeSales University in Center Valley. She is certified as a CHPN as well as a CHPCA.