MSIC Mt. San Jacinto College

Study Skills Workshop Fall 2021 RESENTED 81

Learning Skills Program

Zoom Meeting Link: https://msjc-edu.zoom.us/s/98672171187 12:00pm- 12:50pm

Workshop Topics and Schedule

- Preparing for a Successful Semester 8/24 & 9/01
- Manage your Time Wisely 9/07 & 9/15
- Test Anxiety 9/21 ど 9/29
- Building up your Notes
 10/05 & 10/13
- Study Smarter not Longer 10/19 & 10/27
- Stress and Wellness
 11/02 & 11/10
- Focus and Concentration
 11/16 & 11/24
- Training your Brain
 11/30 & 12/08

Study Skills Workshops are designed to improve your learning skills and help you achieve your academic goals



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