

# Nonviolent Crisis Intervention® Training

This program is considered the worldwide standard for crisis prevention and intervention training, which can help your organization's efforts to;

- Reduce the risk of injury.
- Comply with legislative mandates.
- Meet regulatory/accreditation standards.
- Improve staff retention.
- Minimize exposure to liability.
- Promote the philosophy of Care, Welfare, Safety, and Security SM.

## Create a Safe and Caring Work Environment

#### **One-Day Seminar (8 hours)**

#### Gain a basic understanding of crisis intervention methods.

On the first day of *Nonviolent Crisis Intervention*® training, the emphasis is on early intervention and nonphysical methods for preventing or managing disruptive behavior. CPI's *Personal Safety Techniques*<sup>SM</sup> for staff are also demonstrated and practiced in this seminar to prepare staff to safely remove themselves and others from a dangerous situation. You'll learn:

- How to identify behaviors that could lead to a crisis.
- How to most effectively respond to each behavior to prevent the situation from escalating.
- How to use verbal and nonverbal techniques to defuse hostile behavior and resolve a crisis before it becomes violent.
- How to cope with your own fear and anxiety.
- How to use CPI's Principles of Personal Safety to avoid injury if behavior becomes physical.

### Formal Refresher Training - Annual (3 hours)

- To review core concepts of the Nonviolent Crisis Intervention® program.
- To find out what is and isn't working well for staff.
- To clarify any questions about how to apply the program information.
- To keep everyone focused on providing Care, Welfare, Safety, and SecuritySM.